

THE SPA

at SOUTHALL

BODYWORK REMEDIES

Ultimate Journey Massage	60 min	\$225
	90 min	\$335
	120 min	\$450
Ultimate Journey Body Treatment	60 min	\$225
	90 min	\$335

REGENERATING ESTHETICS

THE Naturalist	60 min	\$225
	90 min	\$335
THE Alchemist	60 min	\$225
	90 min	\$335
THE Preservationist	60 min	\$245
	90 min	\$355
Glow Mama (prenatal)	60 min	\$225

DYNAMIC DUOS (pricing is per person)

Couples Customized Massage	60 min	\$225
	90 min	\$335
	120 min	\$455
Couple of Rock Stars	60 min	\$245
	90 min	\$355
	120 min	\$475
Couples Retreat	120 min	\$450



SIGNATURE EXPERIENCES

THE Medicine Wheel	120 min	\$475
THE Rock Star	60 min	\$245
	90 min	\$355
	120 min	\$475
To The Moon & Back (prenatal)	60 min	\$255
	90 min	\$355

WELLBEING

Personal Training	60 min	\$125
Personal Yoga	60 min	\$125
Personal Meditation	60 min	\$125
The Breath	75 min	\$150
The Sound of Healing	75 min	\$150
The Energy Healing	90 min	\$200
The Forest Bath	90 min	\$200
The Pilgrimage	90 min	\$200
The Tea Ceremony (1 - 4 guests)	60 min	\$100
The Guide (12 Zoom sessions)	60 min	\$1200

FINISHING TOUCHES

Essential Manicure	30 min	\$65
Essential Pedicure	45 min	\$75
Deluxe Spa Manicure	45 min	\$75
Deluxe Spa Pedicure	60 min	\$95
Nail Enhancement	20 min	\$30

